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Your Contacts

Continued Health Care Benefit Program

Humana Military
1-800-444-5445

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Continued Health Care Benefit Program

The Continued Health Care Benefit Program (CHCBP) is a premium-based plan that:

- Gives you temporary health coverage for 18-36 months when you lose eligibility for TRICARE.
- Acts as a bridge between military health benefits and your new civilian health plan.
- Provides the same coverage as [TRICARE Standard](#), including prescriptions.
- Gives you [minimum essential coverage](#) required by the Affordable Care Act, but it is temporary. You should consider your options for when CHCBP ends. [>>Learn More](#)

If you qualify, you can purchase the CHCBP within 60 days of the loss of TRICARE eligibility.

Eligible Beneficiaries

You may qualify to purchase the CHCBP in the following scenarios. In all cases, the service member's separation must be under ["other than adverse conditionsYou must have an "honorable" or "general" discharge to qualify."](#)

If you were using one of the following plans, it must have been purchased and in place at least one day before you lost eligibility for you to qualify for CHCBP:

- TRICARE Reserve Select (TRS)
- TRICARE Retired Reserve (TRR)
- TRICARE Young Adult

Former Category	Scenario	Length of Coverage
Active Duty Service Member	Released from active duty	Up to 18 months
Full-time National Guard Member	Separated from full-time status	Up to 18 months

Former Category	Scenario	Length of Coverage
Member covered by the Transitional Assistance Management Program (TAMP)	Loss of TAMP coverage	Up to 18 months
Selected Reserve member covered by TRS	Loss of TRS coverage	Up to 18 months
Retired Reserve member covered by TRR	Loss of TRR coverage (before age 60)	Up to 18 months
Dependent spouse or child	Loss of TRICARE coverage	Up to 36 months
Unremarried former spouse	Loss of TRICARE coverage	Up to 36 months*

**Unremarried former spouses may qualify for additional coverage. Please check with Humana Military for details.*

CHCBP Contractor

The CHCBP contractor is Humana Military, a division of Humana Government Business. Humana Military provides services for enrollment, authorization, claims processing and customer service. For more information about CHCBP or to see if you qualify:

- Visit the [CHCBP website](#)
- Call Humana Military at 1-800-444-5445

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